



Change is possible with XYWAV®

The only FDA-approved low-sodium* oxybate

*XYWAV contains 131 mg of sodium at the maximum recommended nightly dose.

XYWAV (calcium, magnesium, potassium, and sodium oxybates) oral solution, 0.5 g/mL total salts (equivalent to 0.413 g/mL of oxybate) is a prescription medicine used to treat the following symptoms in people 7 years of age or older with narcolepsy:

- sudden onset of weak or paralyzed muscles (cataplexy)
- excessive daytime sleepiness (EDS)

Important Safety Information

WARNING: Taking XYWAV with other central nervous system (CNS) depressants such as medicines used to make you or your child fall asleep, including opioid analgesics, benzodiazepines, sedating antidepressants, antipsychotics, sedating anti-epileptic medicines, general anesthetics, muscle relaxants, alcohol, or street drugs, may cause serious medical problems, including trouble breathing (respiratory depression), low blood pressure (hypotension), changes in alertness (drowsiness), fainting (syncope), and death.

The active ingredient of XYWAV is a form of gamma-hydroxybutyrate (GHB). Abuse or misuse of illegal GHB alone or with other drugs that cause changes in alertness (or consciousness) has caused serious side effects. These effects include seizures, trouble breathing (respiratory depression), changes in alertness (drowsiness), coma, and death. Call your doctor right away if you or your child has any of these serious side effects.

Because of these risks, you have to go through the XYWAV and XYREM REMS to have your or your child's prescription for XYWAV filled.

Please see additional Important Safety Information throughout and full [Prescribing Information](#), including **BOXED Warning**, and [Medication Guide](#).

xywav® 
(calcium, magnesium, potassium,
and sodium oxybates) oral solution 



XYWAV is the first and only low-sodium* oxybate treatment for cataplexy or excessive daytime sleepiness (EDS) in patients 7 years and older with narcolepsy

- People with narcolepsy type 1 have **cataplexy**
- People with narcolepsy type 1 and type 2 all have **EDS**

How does XYWAV work?

XYWAV is thought to work during sleep to help with symptoms of cataplexy and/or EDS during the day. The exact way XYWAV works for the treatment of narcolepsy is unknown.

XYWAV is different

Unlike stimulants and wake-promoting agents that are taken during the day, XYWAV is different—it's taken at night. **XYWAV can be taken in addition to daytime medications like stimulants and wake-promoting agents.**

Even if you are taking stimulants to treat narcolepsy, you may still experience symptoms of cataplexy and/or EDS. Talk to your doctor to see if XYWAV may be right for you.

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Important Safety Information (continued)

Do not take XYWAV if you take or your child takes other sleep medicines or sedatives (medicines that cause sleepiness), drinks alcohol, or has a rare problem called succinic semialdehyde dehydrogenase deficiency.

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Only XYWAV is clinically superior to XYREM®,
a high-sodium oxybate, based on safety*

- XYWAV has ~1509 mg less sodium per night than XYREM® (sodium oxybate) oral solution at the maximum 9-g nightly dose†
- Due to the reduction in sodium, the FDA determined XYWAV is clinically superior to XYREM by means of cardiovascular safety
- According to the FDA, the differences in sodium content between XYWAV and XYREM at recommended doses will be clinically meaningful in reducing cardiovascular diseases for many people with narcolepsy who suffer from cataplexy and/or EDS

*The decision of the FDA Office of Orphan Product Development (OOPD) is based on findings that XYWAV provides a greatly reduced chronic sodium burden compared to XYREM. There are no head-to-head data for XYWAV and XYREM.

Your sodium intake matters. Consuming too much sodium is a risk factor for heart disease. Talk to your doctor about any concerns you have about your heart health, including if you have a family history of cardiovascular issues.

Choosing XYWAV over high-sodium† oxybates (including once-nightly options), significantly reduces daily sodium intake, making it a safer option. A clinical trial comparing the efficacy and safety of XYWAV and LUMRYZ™ has not been conducted.



“It’s important to me to monitor sodium because too much can increase the risk of cardiovascular disease. I have a higher risk already since I have narcolepsy. I also have a family history of hypertension.”

— **Grace**, XYWAV Ambassador‡

†XYREM and LUMRYZ (sodium oxybate) extended release for oral suspension contain ~1640 mg of sodium at the maximum recommended 9-g nightly dose.

‡Real patient compensated for her time. Individual results may vary.

Important Safety Information (continued)

Keep XYWAV in a safe place to prevent abuse and misuse. Selling or giving away XYWAV may harm others, and is against the law. Tell your doctor if you have ever abused or been dependent on alcohol, prescription medicines, or street drugs.

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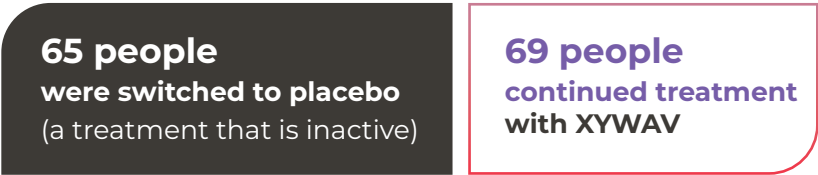
How was XYWAV studied?

- The efficacy and safety of XYWAV was studied in 201 adults aged 18-70 with narcolepsy with cataplexy. Everyone in the study had at least 14 cataplexy attacks in a typical 2-week period before they took any treatment*
- All people in the clinical study started treatment with XYWAV. Some participants continued taking their stimulant or wake-promoting agent along with XYWAV

During the first part of the study:



During the 2-week period of the study that measured how well XYWAV worked:



*Not everyone completed each part of the study. Of the 201 patients, 134 were included in the 2-week period that measured how well XYWAV worked.

Important Safety Information (continued)

Anyone who takes XYWAV should not do anything that requires them to be fully awake or is dangerous, including driving a car, using heavy machinery, or flying an airplane, for at least 6 hours after taking XYWAV. Those activities should not be done until you know how XYWAV affects you or your child.

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Results from the XYWAV clinical trial

During the 2-week period of the study that measured how well XYWAV worked:

Results for cataplexy

In people who **stopped** taking XYWAV,
cataplexy increased by an average of:

11.5
attacks per
week



In people who **continued** taking XYWAV,
cataplexy increased by an average of:

0.1 attacks
per week



Results for EDS as measured by the Epworth Sleepiness Scale (ESS)

In people who **stopped** taking XYWAV,
daytime sleepiness increased by an average of:

3.0



In people who **continued** taking XYWAV,
daytime sleepiness increased by an average of:

0.0



Important Safety Information (continued)

The most common side effects of XYWAV in adults include headache, nausea, dizziness, decreased appetite, parasomnia (a sleep disorder that can include abnormal dreams, abnormal rapid eye movement (REM) sleep, sleep paralysis, sleep talking, sleep terror, sleep-related eating disorder, sleepwalking, and other abnormal sleep-related events), diarrhea, excessive sweating (hyperhidrosis), anxiety, and vomiting.

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What are the side effects of XYWAV?

For adults, the most common side effects are:

- Headache
- Decreased appetite
- Excessive sweating
- Nausea
- Parasomnia
- Anxiety
- Dizziness
- Diarrhea
- Vomiting

XYWAV can cause serious side effects, including the following:

- **Breathing problems, including** slower breathing, trouble breathing, and/or short periods of not breathing while sleeping (sleep apnea). People who already have breathing or lung problems have a higher chance of having breathing problems when they use XYWAV.
- **Mental health problems, including** confusion, seeing or hearing things that are not real (hallucinations), unusual or disturbing thoughts (abnormal thinking), feeling anxious or upset, depression, thoughts of killing yourself or trying to kill yourself, increased tiredness, feelings of guilt or worthlessness, or difficulty concentrating. Tell your doctor if you or your child have or had depression or have tried to harm yourself or themselves. **Call your doctor right away if you have or your child has symptoms of mental health problems or a change in weight or appetite.**
- **Sleepwalking.** XYWAV can cause sleepwalking, which can cause injuries. Call your doctor if this occurs.

These are not all the possible side effects of XYWAV

In patients who remained on treatment, side effects tended to occur early and diminish over time.

The XYWAV and XYREM REMS

Because of the risk of central nervous system depression, abuse, and misuse, XYWAV is available only by prescription and filled through the Certified Pharmacy in the XYWAV and XYREM Risk Evaluation and Mitigation Strategy (REMS). All patients must be enrolled in the XYWAV and XYREM REMS to receive XYWAV. More information about the REMS can be found at www.XYWAVXYREMREMS.com.



“ I was nervous about starting a new treatment; how it would fit in my schedule, what possible side effects I could have, and whether I'd be able to take it since I was still taking a stimulant. But I'm so happy I talked through my concerns with my doctor and decided to take the leap.”

— Grace, XYWAV Ambassador*

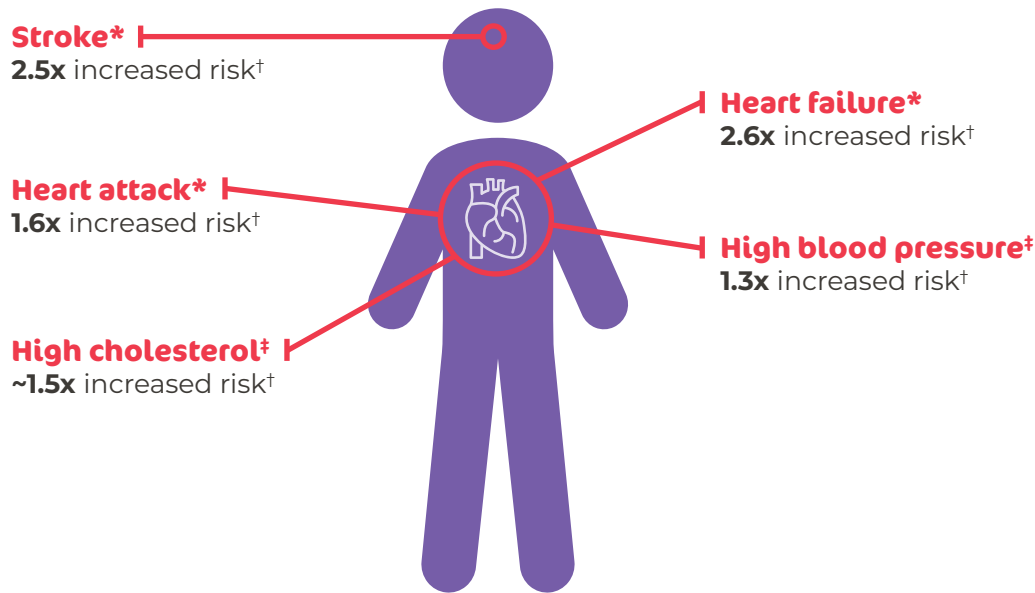
*Real patient compensated for her time. Individual results may vary.

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Consider your heart health when managing your narcolepsy

It's been shown that people with narcolepsy are at greater risk for heart disease compared to people without narcolepsy



Why does sodium matter?

Some risk factors for cardiovascular disease are modifiable, such as excessive sodium intake. XYWAV is the first and only low-sodium[§] oxybate. Why does that matter? People with narcolepsy are found to be at higher risk of cardiovascular issues like stroke (2.5x)*† and heart attack (1.6x)*† and choosing XYWAV over high-sodium oxybates reduces chronic sodium burden.

*Based on an analysis of 9312 people with narcolepsy and 46,559 people without narcolepsy matched by age, sex, geographic region, and payer who had continuous insurance coverage between the years of 2006 and 2010.

†Odds ratio.

‡Based on an interview study of 320 people with narcolepsy compared with 1464 people without narcolepsy matched for age, sex, and body mass index.

§XYWAV contains 131 mg of sodium at the maximum recommended nightly dose.

Important Safety Information (continued)

The most common side effects of XYREM (which also contains oxybate like XYWAV) in children include nausea, bedwetting, vomiting, headache, weight decrease, decreased appetite, dizziness, and sleepwalking.

XYWAV can cause physical dependence and craving for the medicine when it is not taken as directed. These are not all the possible side effects of XYWAV.

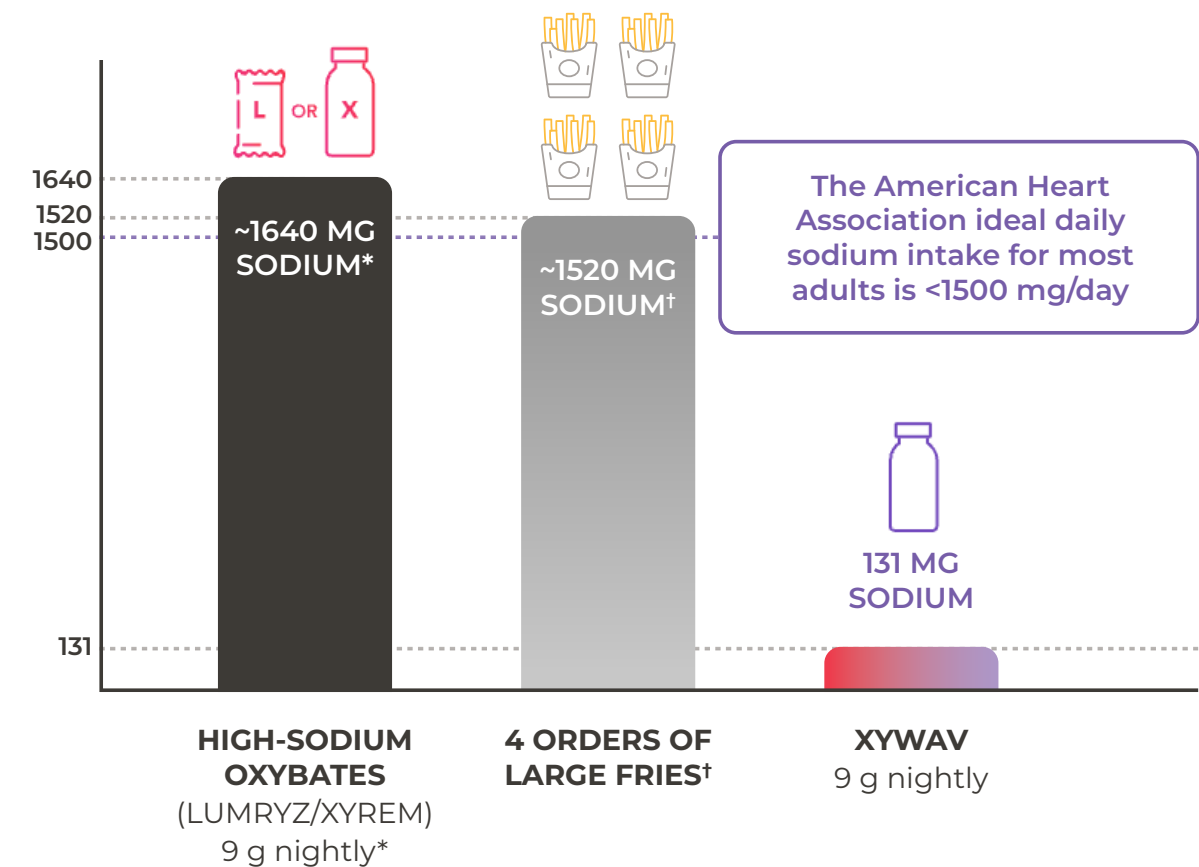
You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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Discover the only oxybate with low sodium

XYWAV has ~1509 mg less sodium* per maximum recommended nightly dose than high-sodium oxybates



“ I didn’t know that people with narcolepsy have an increased risk for heart disease, and so it was important for me to help mitigate that risk by having the lower sodium content.”

— **Brooke**, XYWAV Ambassador‡

*LUMRYZ™ (sodium oxybate) for extended-release oral suspension and XYREM (sodium oxybate) oral solution contain ~1640 mg of sodium at the maximum recommended 9-g nightly dose.
†Based on an average of 380 mg of sodium in 1 large serving of French fries according to a 2012 USDA analysis of 3 fast-food chains.
‡Real patient compensated for her time. Individual results may vary.

Important Safety Information (continued)

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Save with XYWAV

We know that understanding prescription coverage is important to you. The JazzCares® team will help you navigate the insurance process to help you start XYWAV.

\$0

**You could pay as little as \$0*
for XYWAV, if eligible, using
the XYWAV Coupon Program**

Learn more about additional support through JazzCares®, a personalized support program that includes a team of nurses, pharmacists, and financial assistance experts committed to helping you at every step of treatment.

*[Terms and conditions apply](#). Patient must be eligible, commercially insured, and enrolled in the XYWAV and XYREM REMS.



“ I would tell people who may be on the fence about XYWAV to ask their doctor about giving it a try.”

— **Brooke**, XYWAV Ambassador†

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Partner with your doctor—ask about XYWAV

Talk to your doctor if you are experiencing daytime symptoms of cataplexy and/or EDS in narcolepsy

Doctor visits go by fast, and it can be tough to remember what you wanted to say. You may already be taking a treatment for narcolepsy, but it is important to talk to your doctor about any daytime symptoms you may still be experiencing to ensure your treatment works best for you.

Bring the questions below to discuss with your doctor at your next visit.

Questions to discuss with my doctor

1. These symptoms of narcolepsy still affect me:

— I feel the uncontrollable need to sleep during the day

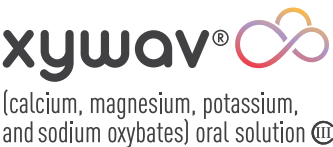
— I experience random sleep episodes at unusual times

— When I feel a strong emotion, I experience a brief loss of muscle control
2. These are my current treatments (including stimulants and wake-promoting agents).
3. What is the impact of continuing to experience cataplexy and/or EDS in narcolepsy?
4. What is the sodium content in my different medication options?

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For people 7 years of age or older with narcolepsy

You could spend your days with less cataplexy or excessive daytime sleepiness

Talk to your doctor about XYWAV, the first and only FDA-approved low-sodium* oxybate for narcolepsy

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